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# The Messenger



*"... How beautiful are the feet of those who bring glad tidings of good things!" Romans 10:15*

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A Weekly Publication of the Christians Meeting at  
Westlake church of Christ, 2291 Highway Z, Wentzville, Missouri 63385

Website: [westlakechurchofchrist.org](http://westlakechurchofchrist.org)

Sunday: AM Bible Study – 9:30 a.m., AM Worship – 10:30 a.m., PM Worship – 5:00 p.m.; Wednesday: PM Bible Study 7:30 p.m.

*Dedicated to the Proclamation of the Truth in the Spirit of Love (Ephesians 4:15)*

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Listen to PROVE ALL THINGS on 730 AM WKRE, Sunday mornings from 8:15 to 8:30.

## Aids to Minimize Fear as a Teacher of God's Word

*by Dempsey Collins*

### 1. Remember, leaders are "made" not born.

- Men become leaders by choice and training.
- It takes discipline and hard work.
- Apostles (Matthew 4:19)
- Timothy (II Timothy 2:2)
- Even the mature teacher is always looking for ways to improve.

### 2. Be prepared.

- The unprepared are like the blind leading the blind.
- Our duty is to edify (Ephesians 4:11, 12).
- Never take this responsibility lightly (James 3:1).
- Practice, practice, practice.
- Understand your subject thoroughly (II Timothy 2:15).
- Seek to persuade as well as impart information (II Corinthians 5:11).

### 3. Remember, your duty is to the Lord **first** (Galatians 1:10). God is using you to accomplish His will.

### 4. Choose a subject, song, or scripture that is interesting and special to you.

5. Keep focused on your subject and not yourself.
  - Don't think about how you look, how correct your grammar is, about failing, etc.
  - When praying you are talking **to God**.
6. Realize the audience is made up of your friends. We want you to succeed.
7. Try to pinpoint the fear.
  - Separate the feeling of fear from the object.
8. Ask what happened the last time you had this fear.
9. You can do certain physical things:
  - Take a deep breath, drink of water, throat lozenger, focus on one or two spots, move around, use your hands.
10. Ask for God's help.
11. Ask others to help.
12. Do what you fear.
13. Don't give up.

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## **News and Notes:**

Remember to check the prayer list for those with ongoing spiritual weaknesses and physical illnesses.

*"...Pray for one another...The effectual fervent prayer of a righteous man availeth much."- James 5:16*